# COURSE OUTLINE

# Lipreading and Managing Your Hearing Loss

**Mondays 10.15 am–12.15 pm
or 2 pm–4 pm
taught by Gabrielle Renée at JDA, Julius Newman House, London N12 8RP**

*The classes are mixed ability. The teacher will aim to provide learning experiences at a range of levels. Learning from each other and helping each other is an important part of the learning experience.*

## This course is about:

- The range of skills used in lipreading.
- Developing the ability to watch a person's face and body to aid communication.
- Developing knowledge of other communication strategies.
- Developing knowledge of equipment and agencies that support the deaf and hard of hearing.
- Sharing ideas and experiences with others about managing hearing loss.

## You will have the chance to learn:

- Which speech shapes are helpful when lipreading.
- Which lip shapes can be easily confused because they look alike on the lips.
- Which lip shapes are less visible or very hard to see when lipreading.
- Which other factors make lipreading easier/more difficult eg rhythm, context, facial expression etc.
- To use strategies to support lipreading in class (including finger spelling).
- To identify, source and use equipment that helps people with a hearing loss in everyday life.
- To develop the confidence to explain your communication needs in and out of class in a range of situations.

## How will the course be taught – what methods are used?

- We will work as a whole class, in small groups and in pairs.
- Learning methods include observing the tutor and other class members.
- The tutor encourages learners to contribute so that everyone learns from others' confusions ('mistakes').
- There will be class discussions where everyone has the chance to contribute.
- 'Eye breaks', relaxing and 'fun activities' are included because lipreading can be tiring. These will normally be a trigger for a lipreading exercise.
- Exercises to support memory and concentration are also included.

***For more information, please contact Gabrielle Renée at JDA on 020 8446 0214***