



COURSE OUTLINE

Lipreading and Managing Your Hearing Loss

Mondays 9.50 am – 11.50 am at JDA, taught by Gabrielle Renée
or

Mondays 12.10 pm – 2.10 pm at JDA, taught by Cora Newell
or

Mondays 2.30 pm – 4.30 pm on Zoom taught by Gabrielle Renée

All classes are mixed ability although Cora Newell's is also suitable for students at a more advanced level. The tutors will aim to provide learning experiences at a range of levels. Learning from each other and helping each other is an important part of the learning experience.

This course is about:

- The range of skills used in lipreading.
- Developing the ability to watch a person's face and body to aid communication.
- Developing knowledge of other communication strategies.
- Developing knowledge of equipment and agencies that support the deaf and hard of hearing.
- Sharing ideas and experiences with others about managing hearing loss.

You will have the chance to learn:

- Which speech shapes are helpful when lipreading.
- Which lip shapes can be easily confused because they look alike on the lips.
- Which lip shapes are less visible or very hard to see when lipreading.
- Which other factors make lipreading easier/more difficult eg rhythm, context, facial expression etc.
- To use strategies to support lipreading in class (including finger spelling).
- To identify, source and use equipment that helps people with a hearing loss in everyday life.
- To develop the confidence to explain your communication needs in and out of class in a range of situations.

How will the course be taught – what methods are used?

- We will work as a whole class, in small groups and in pairs.
- Learning methods include observing the tutor and other class members.
- The tutor encourages learners to contribute so that everyone learns from others' confusions ('mistakes').
- There will be class discussions where everyone has the chance to contribute.
- 'Eye breaks', relaxing and 'fun activities' are included because lipreading can be tiring. These will normally be a trigger for a lipreading exercise.
- Exercises to support memory and concentration are also included.

For more information, please contact Gabrielle Renée at JDA on 020 8446 0214